

# EVERYBODY NEEDS TO



# MAKE A PLEDGE



World  
Obesity  
Day 4 March  
2022

EVERYBODY  
NEEDS TO  
ACT

Obesity is a global problem, and it affects us all. Around 800 million of us are living with the disease, with millions more at risk. We know the roots of obesity run deep, and the only way we can make progress is by working together. World Obesity Day calls for action at local, national and global levels to tackle rising rates of obesity, reduce the stigma faced by people living with obesity, and improve the systems that contribute to obesity around the world. **Together, we can give everybody the best chance to live happier, healthier, and longer lives.**